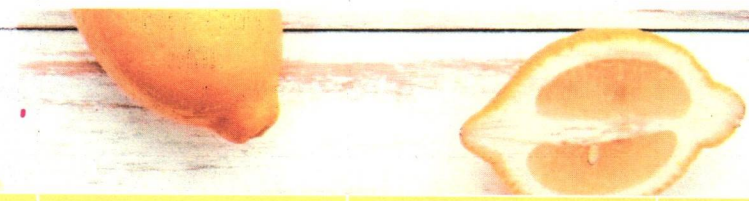


July 2024



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Baked Chicken Breast Poultry Gravy Parslied Rice Peas & Carrots Dinner Roll Craisins Milk	2 Taco Charro Beans Mexican Corn Flour Tortilla Oatmeal Cookie Apple Juice Taco Sauce	3 Chicken Salad Macaroni Salad Tossed Salad Saltine Crackers Fresh Fruit Milk Assorted Dressing	4 CLOSED Happy Fourth of July!	5 Baked Fish Lemon Herb Sauce Scalloped Potatoes Mixed Vegetables Dinner Roll Lemon Pudding Milk
8 Salisbury Patty Brown Gravy Whipped Potatoes Green Beans Dinner Roll Nutty Buddy Bar Milk	9 Chicken & Sausage Gumbo with Rice Okra and Tomatoes Dinner Roll Fresh Fruit Apple Juice	10 Cheeseburger Baked Beans Lettuce & Tomato Hamburger Bun Warm Spiced Fruit Milk Ketchup/Mustard Mayonnaise	11 Chicken Alfredo Carrots Green Peas Wheat Bread Fresh Banana Milk	12 Pork Roast Pork Gravy Garlic Potatoes Whole Kernel Corn Dinner Roll Chocolate Pudding Apple Juice
15 Chicken & Sausage Jambalaya Whole Kernel Corn Cabbage Wheat Bread Strawberry Craisins Apple Juice	16 Ham & Cheese Green Pea Salad Lettuce & Tomato Wheat Bread (2) Applesauce Milk Mayonnaise Mustard	17 Special Beef Tips Brown Gravy Brown Rice Mixed Vegetables Dinner Roll Fresh Fruit Milk	18 BBQ Rib Patty Macaroni & Cheese Green Beans Hamburger Bun Fresh Banana Milk	19 Baked Chicken Legs (2) Brown Gravy Whipped Potatoes Carrots Dinner Roll Fruited Gelatin Milk
22 Baked Meatballs Brown Gravy Parslied Rice Garden Vegetables Dinner Roll Fresh Fruit Apple Juice	23 Ham & Chicken Chef Salad Cucumber Salad Saltine Crackers Pineapples Milk Salad Dressing	24 Cheeseburger Baked Beans Lettuce & Tomato Hamburger Bun Warm Spiced Fruit Apple Juice Ketchup Mustard	25 Spaghetti/Meat Sauce Carrots Tossed Salad Dinner Roll Fresh Fruit Milk Parmesan Cheese Salad Dressing	26 Baked Chicken Breast Citrus Sauce Whipped Potatoes Green Peas Wheat Bread Strawberry Craisins Milk
29 Baked Chicken Breast Poultry Gravy Parslied Rice Peas & Carrots Dinner Roll Craisins Milk	30 Taco Charro Beans Mexican Corn Flour Tortilla Oatmeal Cookie Apple Juice Taco Sauce	31 Chicken Salad Macaroni Salad Tossed Salad Saltine Crackers Fresh Fruit Milk Assorted Dressing	 <p><i>Nutrition & Services For Seniors</i></p>	