

# October 2024



## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

1

Chicken & Sausage  
Gumbo with Rice  
Okra and Tomatoes  
Dinner Roll  
Fresh Fruit  
Apple Juice

2

Cheeseburger  
Lettuce & Tomato  
Baked Beans  
Hamburger Bun  
Spiced Fruit  
Milk  
Mayonnaise/Mustard  
Ketchup

3

Chicken Alfredo  
Green Peas  
Carrots  
Wheat Bread  
Fresh Banana  
Milk

4

Pork Roast  
Pork Gravy  
Garlic Potatoes  
Whole Kernel Corn  
Dinner Roll  
Chocolate Pudding  
Apple Juice

7

BBQ Rib Patty  
Baked Beans  
Whole Kernel Corn  
Hamburger Bun  
Fresh Fruit  
Milk

8

Meatball Stroganoff  
Egg Noodles  
Glazed Carrots  
Wheat Bread  
Fresh Fruit  
Apple Juice

9

Chicken Breast  
Dijonnaise Sauce  
Whipped Potatoes  
Green Peas  
Dinner Roll  
Craisins  
Milk

10

Spaghetti/Meat Sauce  
Green Beans  
Tossed Salad  
Dinner Roll  
Fudge Crème Cookie  
Milk  
Assorted Dressing  
Parmesan Cheese

11

Pork Chop  
Pork Gravy  
Rice  
Black-eyed Peas  
Wheat Bread  
Fresh Fruit  
Milk

14

Chicken & Sausage  
Jambalaya  
Green Beans  
Cabbage  
Wheat Bread  
Strawberry Craisins  
Apple Juice

15

Cheeseburger  
Lettuce & Tomato  
Baked Beans  
Hamburger Bun  
Spiced Apples  
Milk  
Mayonnaise/Mustard  
Ketchup

16

Ham & Chicken  
Chef Salad  
Carrot Raisin Salad  
Saltine Crackers  
Pineapples  
Milk  
Salad Dressing

17

Fiesta Mac  
Broccoli/Cauliflower  
Green Peas  
Wheat Bread  
Chocolate Chip Cookie  
Milk

18

Pork Roast  
Pork Gravy  
Garlic Potatoes  
Mixed Vegetables  
Dinner Roll  
Fruited Gelatin  
Apple Juice

21

Baked Meatballs  
Creole Sauce  
Tater Gems  
Chuckwagon Corn  
Hot Dog Bun  
Oatmeal Crème Cookie  
Milk

22

Chicken & Sausage  
Gumbo with Rice  
Okra and Tomatoes  
Dinner Roll  
Fresh Fruit  
Orange Juice

23

Taco  
Lettuce & Tomato  
Pinto Beans  
Flour Tortilla  
Warm Spiced Peaches  
Milk  
Taco Sauce

24

Sliced Baked Ham  
White Beans  
Rice  
Mixed Greens  
Cornbread  
Fresh Fruit  
Apple Juice

25

BBQ Chicken Leg (2)  
Macaroni & Cheese  
Green Beans  
Wheat Bread  
Mud Pie Pudding  
Milk

28

Pesto Chicken Rice  
Green Beans  
Glazed Carrots  
Dinner Roll  
Fresh Fruit  
Milk

29

Hamburger  
Lettuce & Tomato  
Baked Beans  
Hamburger Bun  
Pumpkin Crumble  
Apple Juice  
Mayonnaise/Mustard  
Ketchup

30

Baked Turkey Breast  
Poultry Gravy  
Whipped Potatoes  
Whole Kernel Corn  
Dinner Roll  
Carnival Cookie  
Milk

31

Ham & Cheese  
Lettuce & Tomato  
Coleslaw  
Wheat Bread (2)  
Butterscotch Pudding  
Apple Juice  
Mustard  
Mayonnaise